




# The Fountains Vitality Events Calendar May 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>HAPPY BIRTHDAY</b></p> <p><b>5/3 Enid Briggs</b>  <b>5/4 Onie Hanson</b>  <b>5/17 Ann Bessire</b>  <b>5/17 Marjorie Petty</b>  <b>5/18 Dorothy Throp</b>  <b>5/25 Marge Sedlacek</b></p> 		<p>9:30 Shopping @ CTC Mall, Target, Trader Joes, Dollar Tree &amp; Umpqua Bank - <u>L</u> <b>1</b></p> <p>9:45 Strength Building - <u>2</u></p> <p>10:45 Balloon Bounce - <u>1</u></p> <p>11:00 Shamrock Medical Scooter/Walker Repair - <u>P</u></p> <p>1:00 Village Voices Rehearsal - <u>VCR</u></p> <p>1:30 Color Club - <u>R</u></p> <p>3:00 Collage Your World! - <u>FCR</u></p> <p>3:00-4:00 Treasure Shop Open - <u>T</u></p> <p>3:30 Exploring Your Faith w/ Phil - <u>P</u></p> <p>5:45 Game Night: Yahtzee! - <u>FCR</u></p>	<p>9:45 Twister Toss Exercise - <u>2</u></p> <p>10:45 Tabletop Balloon Ball - <u>R</u></p> <p><b>1:00 Ice Cream Sundae Social - FCR</b></p> <p>2:30 Classic Movie Matinee: "Come September" (Comedy) - <u>LR</u></p> <p>5:45 Game Night: Rummikub - <u>FCR</u></p> <p>7:00 Entertainment by The Westside Singers - <u>I</u></p>	<p>9:45 Stretch &amp; Stretch - <u>2</u></p> <p>10:45 Balloon Bounce - <u>1</u></p> <p>1:00 Garden Club w/ Cheyenne - <u>FCR</u></p> <p>3:00 Resident Led Game Hour - <u>FCR</u></p> <p><b>4:00-5:30 Village Fiesta w/ Mariachi Viva Mexico - T</b></p> <p>5:45 Bingo w/ Devin - <u>R</u></p>	<p>9:30 &amp; 1:15 Shopping @ Fred Meyer &amp; Winco - <u>L</u> <b>4</b></p> <p>9:45 Strength Building w/Josh - <u>2</u></p> <p>10:45 Tabletop Balloon Ball - <u>R</u></p> <p>1:15 Bible Questions &amp; Answers w/ Phil - <u>FCR</u></p> <p>2:15 Diabetic Support Group w/ Guest Speaker, Melissa Fowler - <u>I</u></p> <p>2:30 Let's Play Password! - <u>FCR</u></p> <p>5:30 Grief Share Video - <u>P</u></p> <p>5:45 Game Night: King's Corner - <u>FCR</u></p> <p>6:15 "Loss" Support Grp. Discussion - <u>P</u></p>	<p><b>Cinco de Mayo</b> <b>5</b></p> <p>9:00 Poetry Out Loud - <u>FCR</u></p> <p>10:00 TC Baptist Singers - <u>DR</u></p> <p>10:45 Coffee &amp; Conversation w/ Devin - <u>R</u></p> <p>1:00 Indoor Bowling - <u>2</u></p> <p>2:00 Joggin' Your Noggin! - <u>FCR</u></p> <p>2:15 Special Entertainment by Center for Movement Arts Ballet - <u>T</u></p> <p>3:15 Ladder Golf - <u>FCR</u></p> <p>5:45 Bingo w/ Devin - <u>FCR</u></p>
<p>10:45 Sunday Worship - <u>2</u> <b>6</b></p> <p>1:00 Balloon Volleyball - <u>FCR</u></p> <p>1:30 Games for the Brain - <u>VCR</u></p> <p><b>2:30 Town Hall Meeting w/ District 24 Democratic Candidate, Shemia Fagan - P</b></p> <p>2:30 Terrace Worship Service - <u>I</u></p> <p>2:30 Provoking Thoughts: "Crash Course: Sensation vs. Perception" - <u>LR</u></p> <p>3:00-4:00 Treasure Shop Open - <u>I</u></p> <p>3:30 Philosophy of Mind - <u>TVL</u></p> <p>5:45 Let's Play 5 Crowns - <u>LR</u></p>	<p>9:30 Word Searches - <u>R</u> <b>7</b></p> <p>10:45 The BIG Word Game - <u>2</u></p> <p>1:30 Sit &amp; Be Fit w/ Ron - <u>2</u></p> <p>3:00 Monday Music w/ Pianist, STAN LASLEY - <u>DR</u></p> <p>5:45 Bingo w/ Steph - <u>R</u></p>	<p>9:30 Shopping @ CTC Mall, Target, New Seasons &amp; Umpqua Bank - <u>L</u> <b>8</b></p> <p>9:45 Strength Building - <u>2</u></p> <p>10:45 Balloon Bounce - <u>1</u></p> <p>1:00 Village Voices Rehearsal - <u>VCR</u></p> <p>1:30 Color Club - <u>R</u></p> <p>3:00 Getting to Know You Social - <u>DR</u></p> <p>3:00 Village Veterans Gathering - <u>P</u></p> <p>3:00-4:00 Treasure Shop Open - <u>T</u></p> <p>5:45 Game Night: Rummikub - <u>FCR</u></p>	<p>9:00 Morning Scenic Drive - <u>L</u> <b>9</b></p> <p>(Please Sign Up @ Front Desk)</p> <p>9:30 Sit &amp; Be Fit w/ Ron - <u>FCR</u></p> <p>10:45 Tabletop Balloon Ball - <u>R</u></p> <p>2:30 Newer Movie Matinee: "Simon Birch" (Drama) - <u>LR</u></p> <p>5:45 Game Night: Phase 10 Card Game - <u>FCR</u></p>	<p>9:45 Sports Stretch - <u>2</u> <b>10</b></p> <p>10:45 Balloon Bounce - <u>1</u></p> <p>10:45 Oregon Hearing Aid Clinic - <u>P</u></p> <p>1:00 Men's Group w/ Devin - <u>2</u></p> <p>1:00 Ladies Group w/ Steph - <u>FCR</u></p> <p>3:00 Food Fun: Quick &amp; Easy Lemon Truffles - <u>R</u></p> <p>5:45 Bingo w/ Devin - <u>R</u></p>	<p>9:30 &amp; 1:15 Shopping @ Fred Meyer &amp; Winco - <u>L</u> <b>11</b></p> <p>9:45 Strength Building w/Josh - <u>2</u></p> <p>10:45 Tabletop Balloon Ball - <u>R</u></p> <p>1:15 Spiritual Documentary: "Monumental" - <u>LR</u></p> <p>3:00 Arts &amp; Crafts: Calm Down Sensory Bottles - <u>FCR</u></p> <p>5:30 Grief Share Video - <u>P</u></p> <p>5:45 Game Night: King's Corner - <u>FCR</u></p> <p>6:15 "Loss" Support Grp. Discussion - <u>P</u></p>	<p>9:00 Exercise w/ Cheyenne - <u>FCR</u> <b>12</b></p> <p>10:00 New Hope Singers - <u>DR</u></p> <p>10:45 Coffee &amp; Conversation w/ Devin - <u>R</u></p> <p>1:00 Indoor Bowling - <u>2</u></p> <p>2:00 Joggin' Your Noggin! - <u>FCR</u></p> <p><b>2:30 Mother/Daughter Tea w/ Rose Festival Court - VCR</b></p> <p>(Sign up at Terrace)</p> <p>3:15 Bean Bag Toss - <u>2</u></p> <p>5:45 Bingo w/ Devin - <u>FCR</u></p>
<p><b>HAPPY Mother's DAY</b> <b>13</b></p> <p>10:45 Sunday Worship - <u>2</u></p> <p>1:00 Balloon Volleyball - <u>FCR</u></p> <p>1:30 Games for the Brain - <u>VCR</u></p> <p>2:30 Terrace Worship Service - <u>I</u></p> <p>3:00-4:00 Treasure Shop Open - <u>I</u></p> <p>2:30 Provoking Thoughts: "Stephen Hawking Claimed Something That Amazes the World" - <u>LR</u></p> <p>3:30 Philosophy of Mind - <u>TVL</u></p> <p>5:45 The BIG Word Game - <u>R</u></p>	<p>9:30 Word Jumbles - <u>R</u> <b>14</b></p> <p>10:45 Crossword Craze - <u>2</u></p> <p>1:30 Sit &amp; Be Fit w/ Ron - <u>2</u></p> <p>3:00 Music Exploration &amp; Discussion w/ Stephanie - <u>FCR</u></p> <p>5:45 Bingo w/ Steph - <u>R</u></p>	<p>9:30 Shopping @ CTC Mall, Target, Costco &amp; Umpqua Bank - <u>L</u> <b>15</b></p> <p>9:45 Strength Building - <u>2</u></p> <p>10:45 Balloon Bounce - <u>1</u></p> <p>1:00 Village Voices Rehearsal - <u>VCR</u></p> <p>1:30 Color Club - <u>R</u></p> <p>3:00-4:00 Treasure Shop Open - <u>I</u></p> <p><b>3:00 Visit with Carla and Golden Retriever, Hudson! - FCR</b></p> <p>3:30 Exploring Your Faith w/ Phil - <u>P</u></p> <p>5:45 Game Night: Yahtzee! - <u>FCR</u></p>	<p>9:45 Twister Toss Exercise - <u>2</u> <b>16</b></p> <p>10:45 Tabletop Balloon Ball - <u>R</u></p> <p>11:30 <b>DINE IN:</b> Devin's Taco Bar - <u>FCR</u></p> <p>(Please Sign Up @ Front Desk)</p> <p>2:30 Classic Movie Matinee: "Rebecca of Sunnybrook Farm" (Musical) - <u>LR</u></p> <p>5:45 Game Night: Rummikub - <u>FCR</u></p>	<p>9:30 Catholic Mass - <u>T</u> <b>17</b></p> <p>9:45 Stretch &amp; Flex - <u>2</u></p> <p>10:45 Balloon Bounce - <u>1</u></p> <p><b>1:00 TCV Remembrance Service - VCR</b></p> <p>3:15 Creative Journaling w/ Devin - <u>FCR</u></p> <p>5:45 Bingo w/ Devin - <u>R</u></p>	<p>9:30 &amp; 1:15 Shopping @ Fred Meyer &amp; Winco - <u>L</u> <b>18</b></p> <p>9:45 Strength Building w/ Josh - <u>2</u></p> <p>10:30 Music, Memories &amp; Wisdom w/ Sara - <u>FCR</u></p> <p>1:00 Current Events w/ Devin - <u>P</u></p> <p>1:15 Bible Questions &amp; Answers w/ Phil - <u>FCR</u></p> <p>2:30 Arts &amp; Crafts: Beaded Wind Chimes - <u>FCR</u></p> <p>5:30 Grief Share Video - <u>P</u></p> <p>5:45 Game Night: King's Corner - <u>FCR</u></p> <p>6:15 "Loss" Support Grp. Discussion - <u>P</u></p>	<p>9:30 Poetry Out Loud - <u>FCR</u> <b>19</b></p> <p>10:45 Coffee &amp; Conversation w/ Devin - <u>R</u></p> <p>1:00 Indoor Bowling - <u>2</u></p> <p>2:15 Trivia Challenge w/ Josh - <u>TCR</u></p> <p>2:00 Joggin' Your Noggin! - <u>FCR</u></p> <p>3:15 Ladder Golf - <u>FCR</u></p> <p>5:45 Bingo w/ Devin - <u>FCR</u></p>
<p><b>20</b></p> <p>10:45 Sunday Worship - <u>2</u></p> <p>1:00 Balloon Volleyball - <u>FCR</u></p> <p>1:30 Games for the Brain - <u>VCR</u></p> <p>2:30 Terrace Worship Service - <u>I</u></p> <p>2:30 Provoking Thoughts: "To Sleep Perchance To Dream" - <u>LR</u></p> <p>3:00-4:00 Treasure Shop Open - <u>I</u></p> <p>3:30 Philosophy of Mind - <u>TVL</u></p> <p>5:45 Let's Play 5 Crowns - <u>R</u></p>	<p><b>Vitality Week 21st - 25th</b> <b>21</b></p> <p><b>8:00-9:00 Healthy Snack Samples - VCR</b></p> <p>9:30 Word Searches - <u>R</u></p> <p>10:45 The BIG Word Game - <u>2</u></p> <p>1:30 Sit &amp; Be Fit w/ Ron - <u>2</u></p> <p>3:00 Monday Music w/ Accordionist, GABRIEL GUERRERO - <u>DR</u></p> <p>5:45 Bingo w/ Steph - <u>R</u></p>	<p>9:45 Strength Building - <u>2</u> <b>22</b></p> <p>10:45 Balloon Bounce - <u>1</u></p> <p>1:00 Village Voices Rehearsal - <u>VCR</u></p> <p>1:30 Color Club - <u>R</u></p> <p>3:00-4:00 Treasure Shop Open - <u>I</u></p> <p><b>3:00 Wellness Lecture w/ Patrick - TCR</b></p> <p>5:45 Game Night: Rummikub - <u>FCR</u></p> <p>7:00 Entertainment: "A Celtic Spring" by The Chonchord Chorale</p>	<p><b>9:00 - 11:30 Senior Fitness Test - VCR</b> <b>23</b></p> <p>10:00 <b>EXCURSION:</b> Picnic Lunch @ Oral Hull Park (Please Sign Up @ Front Desk)</p> <p>1:00 Twister Toss Exercise - <u>2</u></p> <p>2:00 Alterations w/ Kimi - <u>P</u></p> <p>2:30 Newer Movie Matinee: "Whale Rider" (Drama) - <u>LR</u></p> <p>5:45 Game Night: Phase 10 Card Game - <u>FCR</u></p>	<p>9:45 Sports Stretch - <u>2</u> <b>24</b></p> <p>10:45 Balloon Bounce - <u>1</u></p> <p>10:45 Oregon Hearing Aid Clinic - <u>P</u></p> <p><b>11:30-1:00 Infused Water Sampling - L</b></p> <p>3:00 Let's Play The Price Is Right! - <u>FCR</u></p> <p>3:00 Food Fun: Healthy and Delicious Fruit Tarts - <u>R</u></p> <p>5:45 Bingo w/ Devin - <u>R</u></p>	<p>9:30 &amp; 1:15 Shopping @ Fred Meyer &amp; Winco - <u>L</u> <b>25</b></p> <p>9:45 Strength Building w/ Josh - <u>2</u></p> <p>10:45 Tabletop Balloon Ball - <u>R</u></p> <p>1:15 Bible Questions &amp; Answers w/ Phil - <u>FCR</u></p> <p>2:30 May Birthday Party w/ Singer &amp; Guitarist, DENNIS HARRIS!! - <u>DR</u></p> <p>5:30 Grief Share Video - <u>P</u></p> <p>5:45 Game Night: King's Corner - <u>FCR</u></p> <p>6:15 "Loss" Support Grp. Discussion - <u>P</u></p>	<p>9:30 Exercise w/ Cheyenne - <u>FCR</u> <b>26</b></p> <p>10:45 Coffee &amp; Conversation w/ Devin - <u>R</u></p> <p>12:45 History Through Film: "China Town" - <u>T</u></p> <p>1:00 Indoor Bowling - <u>2</u></p> <p>2:00 Joggin' Your Noggin! - <u>FCR</u></p> <p>3:15 Art Interpretation - <u>FCR</u></p> <p>5:45 Bingo w/ Devin - <u>FCR</u></p>
<p><b>27</b></p> <p>10:45 Sunday Worship - <u>2</u></p> <p>1:00 Balloon Volleyball - <u>FCR</u></p> <p>1:30 Games for the Brain - <u>VCR</u></p> <p>2:30 Terrace Worship Service - <u>I</u></p> <p>2:30 Provoking Thoughts: "Robots and A.I." - <u>LR</u></p> <p>3:00-4:00 Treasure Shop Open - <u>I</u></p> <p>3:30 Philosophy of Mind - <u>TVL</u></p> <p>5:45 The BIG Word Game - <u>R</u></p>	<p><b>MEMORIAL DAY</b> <b>28</b></p> <p>9:30 Word Jumbles - <u>R</u></p> <p>10:45 Cranium Crunches - <u>2</u></p> <p>1:30 Sit &amp; Be Fit w/ Steph - <u>2</u></p> <p>3:00 Bingo w/ Steph - <u>R</u></p>	<p>9:45 Strength Building - <u>2</u> <b>29</b></p> <p>10:45 Rehab Resident Council - <u>FCR</u></p> <p>10:45 Balloon Bounce - <u>1</u></p> <p>1:00 Village Voices Rehearsal - <u>VCR</u></p> <p>1:30 Color Club - <u>R</u></p> <p>1:00-3:00 Traveling Used Clothing Rack - <u>FCR</u></p> <p>3:00 Food Services Forum - <u>2</u></p> <p>3:30 ALF Resident Meeting - <u>2</u></p> <p>3:00-4:00 Treasure Shop Open - <u>I</u></p> <p>4:00 Quick Fix Tech Help - <u>TCR</u></p> <p>5:45 Game Night: Yahtzee! - <u>FCR</u></p>	<p>9:30 Sit &amp; Be Fit w/ Ron - <u>FCR</u> <b>30</b></p> <p>10:30 Crafts or Bingo w/ 2nd Graders - <u>FCR OR 2</u></p> <p>11:30 Lunch w/ 2nd Graders - <u>DR</u></p> <p>1:30 <b>EXCURSION:</b> Corbett's Mystery Drive &amp; Ice Cream Stop (Please Sign Up @ Front Desk)</p> <p>2:30 Classic Movie Matinee: "Marriage on the Rocks" (Comedy) - <u>LR</u></p> <p>5:45 Game Night: Rummikub - <u>FCR</u></p>	<p>9:45 Sports Stretch - <u>2</u> <b>31</b></p> <p>10:45 Balloon Bounce - <u>1</u></p> <p>1:15 Paint To Music! - <u>FCR</u></p> <p><b>3:00 Discovery Train of Science w/ Lou Taylor: How to Make Root Beer - FCR</b></p> <p>5:45 Bingo w/ Devin - <u>R</u></p>		<p><b>Location Key</b></p> <p><b>1</b> - 1st floor near whale mural</p> <p><b>2</b> - 2nd floor near Conference Rm.</p> <p><b>FCR</b> - Fountains Community Rm.</p> <p><b>DR</b> - Dining Room in Fountains</p> <p><b>LR</b> - Living Room</p> <p><b>L</b> - Lobby</p> <p><b>P</b> - Parlor in Terrace</p> <p><b>R</b> - Rehab</p> <p><b>T</b> - Terrace (additional locations)</p> <p><b>TCR</b> - Terrace Community Room</p> <p><b>TVL</b> - Fountains TV Lounge</p> <p><b>VCR</b> - Vitality Ctr. Community Rm.</p>