# Independent Living Vitality Programs December 2017

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|---|---|---|---|---|---|
| Shopping & Banking Transportation<br>**1st Tuesday—9:30AM CTC Mall ,Target, Dollar Tree Trader Joe's and Umpqua Bank**<br>**2nd Tuesday– 9:30AM CTC Mall, Target, New Season's and Umpqua Bank**<br>**3th Tuesday—9:30AM CTC Mall, Target Costco and Umpqua Bank**<br>**Fridays— Fred Meyers & Winco Foods**<br>**9:00AM Terrace Residents 9:30AM Tower, Gables & Fountains Residents**<br>**1:15PM—ALL BUILDINGS**<br>**NO SHOPPING TRANSPORTATION DECEMBER 26TH** | | | | **TCR** Terrace Community Room<br>**CH** Terrace Chapel<br>**VCR** Vitality Community Room<br>**DR** Terrace Dining Room<br>**FNTS.** Fountain Community Room<br>**P** Terrace Parlor<br>**SU** South Up Terrace Sitting Room<br>**SD** South Down Sitting Room<br>**TC** Towers 2nd Floor Club<br>**NU** North Up Terrace Sitting Room<br>BS Terrace Beauty Shop | 10:00 Strength Building w/ Sam **P** **1**<br>10:00 Biblical Questions/Answers<br>2:00 Ultimate $2 Big Bingo **TCR**<br>2:30 Afternoon Holiday Matinee **TH**<br>1990 Holiday Comedy "Home Alone" #1<br>3:00 Ponytail Canasta **TCR**<br>3:30 Healthy Cookery w/ Shirley **VCR**<br>Pumpkin Spice Granola<br>5:00 BYOB Social **TOWERS CLUB RM**<br>6:00 Excursion: PSU Production "Cinderella" | 7:00-5:00 Video Wii Bowling **P** **2**<br>10:30 Excursion: Portland Memorial Coliseum Scandinavian Festival<br>10:00 Coffee & Conversation **GABLES**<br>1:00 Ten Cent .10 Card Bingo **TCR**<br>5:30 Right Center Left Dice Game **TCR**<br>6:00 Single Deck Pinochle **GABLES**<br>7:00 Holiday Comedy Movie **TH**<br>1992 "Home Alone" #2 |
| 10:45 Fountains Worship Service **3**<br>1:00 Penny Poke-no **TCR**<br>2:00 Chair Volleyball **P**<br>2:30 Cribbage **TCR**<br>3:00 Entertainment by School of Polynesian dance **DR**<br>2:30 Terrace Worship Service **CH**<br>Village Treasure Shop **CLOSED**<br>6:30 Night Owl Table Talk **GABLES** | **Holiday Bazaar 9am—3pm** **4**<br>**30+ Vendors**<br>**TERRACE DINING ROOM**<br>1:00 Party Bridge **SU**<br>4:00 Mexican Dominoes **GABLES**<br>1:00 Oregon Food Bank Can Food Drive<br>Door to Door Pick-up Service<br>6:00 Bible Study Fellowship **P**<br>7:00 Holiday Movie **TH**<br>2004 Comedy "Christmas with the Kranks | 9:30 Dealers Choice Poker **TCR** **5**<br>10:00 Chair Exercises w/ Dain **P**<br>10:45 Spiritual Devotions **CH**<br>1:00 Village Choir Practice **VCR**<br>2:30 Village Birthday Party Entertainment by Precious Metal Quartet **DR**<br>3:00-4:00 Dealers Choice Poker **TCR**<br>3:30 Exploring Your Faith w/ Phil **P**<br>4:00 Beginners Line Dancing V**CR**<br>6:00 Hand & Foot **GABLES** | 9:30 Writer's Corner **TCR** **6**<br>10:00 Strength Building / Sam **P**<br>No Indoor Lawn Bowling **TERRACE**<br>1:00 Village Ambassador's Meeting **TCR**<br>No Resident Council Meeting<br>1:30 Adventist Blood Pressure Clinic **TH**<br>3:00-4:00 Treasure Shop **OPEN**<br>3:00 Monte Carlo $1 Bingo **TCR**<br>6:00 Single Deck Pinochle **GABLES**<br>6:00 Exploratory Discussion Grp **P** | 9:30 Catholic Communion **CH** **7**<br>9:30 Family Genealogy Course **TCR**<br>10:00 Chair Exercises w/ Dain **P**<br>1:00 Excursion: Clackamas Town Center Theatre: Murder on the Orient Express<br>1:00-3:00 Block of the Month Quilting **NU**<br>3:00 Marsha the Story Lady **p**<br>6:00 Color Yourself Calm **TCR**<br>6:00 Knitting & Crochet **GABLES**<br>6:00 Rummikub Tiles **GABLES** | 10:00 Strength Building w/ Sam **P** **8**<br>10:00 Biblical Questions/Answers<br>1:00 Ultimate $2 Big Bingo **TCR**<br>2:30 Afternoon Holiday Matinee **TH**<br>2009 Heart Warming "Mrs. Miracle"<br>3:00 Peppermint Hot Cocoa Social w/ Entertainment Pianist & Quartet **DR**<br>3:00 Ponytail Canasta **TCR**<br>5:00 BYOB Social **TOWERS CLUB RM**<br>6:30 Night Owls Table Talk **PARLOR** | 7:00-5:00 Video Wii Bowling **P** **9**<br>10:00 Coffee & Conversation **GABLES**<br>1000 New Hope Church Singers **FTN**<br>1:30 Excursion: Portland Christian Center "Christmas Celebration"<br>2:30 Holiday Entertainment: Studio One Dance Academy **DR**<br>5:30 Right Center Left Dice Game **TCR**<br>6:00 Single Deck Pinochle **GABLES**<br>7:00 Holiday Movie **TH** |
| **10**<br>10:45 Fountains Worship Service<br>1:00 Penny Poke-no **TCR**<br>1:30 Games for the Brain **VCR**<br>2:30 Terrace Worship Service **CH**<br>2:30 Cribbage **TCR**<br>2:30 Excursion: Mt Hood Pops Orchestra Holiday Concert & Silent Auction<br>3:00-4:00 Village Treasure Shop **OPEN**<br>4:00 Ping Pong **TCR**<br>6:30 Night Owl Table Talk **GABLES** | 10:00 Pool for Beginners **TOWERS** **11**<br>10:00-3:00 Vendor: Garments on the Go<br>1:00 Party Bridge **SU**<br>1:00 Wooden Holiday Decor **TCR**<br>Jesus is the Reason for the Season<br>4:00 Mexican Dominoes **GABLES**<br>6:00 Bible Study Fellowship **P**<br>6:00 Holiday Comedy Movie **TH**<br>1994 "Mixed Nuts"<br>7:00Performance by String Connection **DR** | 9:30 Dealers Choice Poker **TCR** **12**<br>10:00 Chair Exercises w/ Dain **P**<br>10:45 Spiritual Devotions **CH**<br>1:00 Village Choir Practice **VCR**<br>3:00 Village Veterans Get Together **P**<br>3:00 Entertainment: Happy Valley Middle School String Orchestra **DR**<br>3:00-4:00 Dealers Choice Poker **TCR**<br>4:00 Beginners Line Dancing V**CR**<br>6:00 Hand & Foot **GABLES** | 9:30 Writer's Corner **TCR** **13**<br>10:00 Strength Building / Sam **P**<br>No Indoor Lawn Bowling<br>10:00 Grief & Loss Support Group **SD**<br>11:00 Chair Yoga w/ Ron **P**<br>2:00 Generations Holiday Open House<br>3:00-4:00 Treasure Shop **CLOSED**<br>5:30 Bunco Party **VITAILTY CENTER**<br>6:00 Single Deck Pinochle **GABLES**<br>6:00 Exploratory Discussion Grp **P** | 9:30 Catholic Communion **CHAPEL** **14**<br>9:30 Family Genealogy Course **TCR**<br>10:00 Chair Exercises w/ Dain **P**<br>10:45 Oregon Hearing Aid Clinic **P**<br>11:00 Village Hand Bell Choir Concert **DR**<br>1:00 Retired Educators Get Together **P**<br>1:00 Block of the Month Quilting **NU**<br>3:00 Marsha the Story Lady **p**<br>**5:30-7:00 Village Annual Holiday Party Entertainment by the Westside Singers** | 10:00 Strength Building w/ Sam **P** **15**<br>10:00 Biblical Questions/Answers **TCR**<br>1:00 Ultimate $2 Big Buck Bingo **TCR**<br>2:30 Holiday Classic Matinee **TH**<br>1945 "Christmas in Connecticut"<br>2:30 Ponytail Canasta **TCR**<br>3:30 Current Events w/ Devin **P**<br>5:00 BYOB Social **TOWERS CLUB RM**<br>6:00 Ugly Christmas Sweater & Holiday Game Night **VCR** | 7:00–5:00 Video Wii Bowling **P** **16**<br>10:00 Coffee & Conversation **GABLES**<br>1:00 Ten Cent .10 Bingo Today<br>2:15 Trivia Challenge w/ Josh **TCR**<br>5:30 Right Center Left Dice Game **TCR**<br>6:00 Single Deck Pinochle **GABLES**<br>7:00 Holiday Movie—1989 "National Lampoons Christmas Vacation" **TH** |
| 10:45 Fountains Worship Service **17**<br>1:00 Penny Poke-no **TCR**<br>No Games for the Brain<br>2:00 Chair Volleyball **P**<br>2:30 Terrace Worship Service **CH**<br>2:30 Cribbage **TCR**<br>3:00-4:00 Village Treasure Shop **OPEN**<br>4:00 Ping Pong **TCR**<br>6:30 Night Owl Table Talk **GABLES** | 9:30-3:15 Foot Care Clinic **BS** **18**<br>1:00 Party Bridge **SU**<br>2:30 Holiday Candy Making **TCR**<br>Chocolate Fudge, Peanut Brittle & Cinnamon Sugar Pecans **VCR**<br>4:00 Mexican Dominoes **GABLES**<br>5:30 Resident Holiday Potluck **VCR**<br>6:00 Bible Study Fellowship **PARLOR**<br>7:00 Holiday Movie **TH**<br>2008 Comedy "Four Christmases" | 9:30 Dealers Choice Poker **TCR** **19**<br>10:00 Chair Exercises w/ Sam **P**<br>10:45 Spiritual Devotions **CH**<br>2:00 Village Choir Holiday Concert **DR**<br>3:00-4:00 Dealers Choice Poker **TCR**<br>3:30 Exploring Your Faith w/ Phil **P**<br>4:00 Beginners Line Dancing V**CR**<br>4:00 Photo Club "Who's Interested?" **TCR**<br>6:00 Book Club "China Town"Showing **TH**<br>6:00 Hand & Foot **GABLES** | 9:30 Writer's Corner **TCR** **20**<br>10:00 Strength Building / Sam **P**<br>10:00 Indoor Lawn Bowling **TERRACE**<br>1:00 New Resident Welcome Wagon **P**<br>Come Meeting the Newest Residents!<br>1:30 Adventist Blood Pressure Clinic **TH**<br>3:00-4:00 Treasure Shop **OPEN**<br>3:00 Monte Carlo $1 Bingo **TCR**<br>6:00 Single Deck Pinochle **GABLES**<br>6:00 Exploratory Discussion Grp **P** | 9:30 Catholic Mass **CHAPEL** **21**<br>10:00 Chair Exercises w/ Dain **P**<br>1:00-3:00 Block of the Month Quilting **NU**<br>1:00 Excursion: Historical Pittock Mansion Holiday Display<br>1:00 Block of the Month Quilting **NU**<br>3:00 Marsha the Story Lady **P**<br>6:00 Knitting & Crochet **GABLES**<br>6:00 Color Yourself Calm **TCR**<br>6:00 Rummikub Tiles **GABLES** | 10:00 Strength Building w/ Sam **P** **22**<br>10:00 Biblical Questions/Answers **TCR**<br>1:00 Ultimate $2 Big Buck Bingo **TCR**<br>2:00 Theatre Reading w/ Tori **P**<br>2:30 Afternoon Matinee Movie **TH**<br>2:30 Ponytail Canasta **TCR**<br>5:00 BYOB Social **TOWERS CLUB RM**<br>6:30 Night Owls Table Talk **PARLOR**<br>7:00 Christmas Candle Light Celebration **FOUNTAINS** | 7:00–5:00 Video Wii Bowling **P** **23**<br>10:00 Coffee & Conversation **GABLES**<br>12:45 History Through Film **THEATRE**<br>1:00 Ten Cent .10 Card Bingo **TCR**<br>5:30 Right Center Left Dice Game **TCR**<br>5:30 Excursion: Winter Wonderland PIR Christmas Light Show<br>6:00 Single Deck Pinochle **GABLES**<br>7:00 Classical Holiday Movie **TH**<br>1954 "White Christmas" |
| **CHRISTMAS EVE** **24**<br>1:00 Penny Poke-no **TCR**<br>1:30 Games for the Brain **TCR**<br>2:30 Cribbage **TCR**<br>2:30 Terrace Worship Service **CH**<br>3:00-4:00 Village Treasure Shop **CLOSED**<br><br>**31 NEW YEARS EVE** | **MERRY CHRISTMAS** **25**<br>10:00 Pool for Beginners **TOWERS**<br>1:00 Party Bridge **SU**<br>1:00 Holiday Matinee **TH**<br>1994 "Miracle on 34th Street"<br>4:00 Mexican Dominoes **GABLES**<br>6:00 Bible Study Fellowship **P**<br>7:00 Holiday Classical Movie **TH**<br>1946 "It's a Wonderful Life" | 9:30 Dealers Choice Poker **TCR** **26**<br>10:00 Chair Exercises w/ Dain **P**<br>10:45 Spiritual Devotions **CH**<br>No Choir Practice Today<br>2:00 Culinary Meeting **P**<br>3:00-4:00 Dealers Choice Poker **TCR**<br>4:00 Beginners & Advanced Line Dancing<br>6:00 Hand & Foot **GABLES** | 9:30 Writer's Corner **TCR** **27**<br>10:00 Strength Building / Sam **P**<br>10:00 Grief & Loss Support Group **SD**<br>11:00-3:00 Schmaltz Gifts **TERRACE**<br>1:00 Council Meeting **TCR**<br>2:00 Alterations w/ Kimi **TCR**<br>3:00-4:00 Treasure Shop **OPEN**<br>3:00 Monte Carlo $1 Bingo **TCR**<br>6:00 Single Deck Pinochle **GABLES**<br>6:00 Exploratory Discussion Grp **P** | 8:00 Excursion: Spirit Mt. Casino **28**<br>9:30 Catholic Communion **CHAPEL**<br>10:00 Chair Exercises w/ Dain **P**<br>10:45 Oregon Hearing Aid Clinic **P**<br>1:00-3:00 Block of the Month Quilting **NU**<br>3:00 Marsha the Story Lady **TCR**<br>6:00 Color Yourself Calm **TCR**<br>6:00 Knitting & Crochet **GABLES**<br>6:00 Rummikub Tiles **GABLES** | 10:00 Strength Building w / Sam **P** **29**<br>10:00 Biblical Questions/Answers **TCR**<br>1:00 Blackjack "21" w/ Devin **TCR**<br>2:30 Afternoon Matinee Movie **TH**<br>2008 "Play the Game"<br>2:30 Ponytail Canasta **TCR**<br>3:30 Diabetic Support Group **P**<br>5:00 BYOB Social **TOWERS CLUB RM**<br>6:30 Night Owls Table Talk **PARLOR** | 7:00–5:00 Video Wii Bowling **P** **30**<br>10:00 Coffee & Conversation **GABLES**<br>1:00 Ten Cent .10 Card Bingo **TCR**<br>5:30 Right Center Left Dice Game **TCR**<br>6:00 Single Deck Pinochle **GABLES**<br>6:00 Excursion: Arlene Schnitzer Concert Hall-Pink Martini & Oregon Symphony New Year's Extravaganza<br>7:00 Classical Movie **TH** |