


Independent Living Vitality Programs **MARCH 2018**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>TCR Terrace Community Room CH Terrace Chapel VCR Vitality Community Room DR Terrace Dining Room FNTS. Fountain Community Room P Terrace Parlor SU South Up Terrace Sitting Room SD South Down Sitting Room TC Towers 2nd Floor Club NU North Up Terrace Sitting Room BS Terrace Beauty Shop</p>	 <p><i>Happy St. Patrick's Day</i></p>	<p><u>Shopping & Banking Transportation</u> 1st Tuesday—9:30AM CTC Mall ,Target, Dollar Tree Trader Joe's and Umpqua Bank 2nd Tuesday- 9:30AM CTC Mall, Target, New Season's and Umpqua Bank 3th Tuesday—9:30AM CTC Mall, Target Costco and Umpqua Bank <u>Fridays— Fred Meyers & Winco Foods</u> 9:00AM Terrace Residents 9:30AM Tower, Gables & Fountains Residents 1:15PM—ALL BUILDINGS NO SHOPPING TRANSPORTATION MARCH 27TH</p>		<p>8:30 Excursion: Antique Mall & Brewery 9:30 Catholic Communion CHAPEL 1 9:30 Family Genealogy Course TCR 10:00 Chair Exercises w/ Dain ND 10:00-12:00 Oral Hull Foundation for the Blind Workshop PARLOR 1:00-3:00 Block of the Month Quilting NU 3:00 Marsha the Story Lady P 5:30 Color Yourself Calm TCR 6:00 Rummikub Tiles GABLES</p>	<p>No Strength Building w/ Sam 2 10:00 Biblical Questions/Answers 1:00 Ultimate \$2 Big Bingo TCR 2:15 Who's Interested in Creative Journaling? Let's Chat! PARLOR 2:30 Comedy Matinee THEATRE 2014 "This is Where I Leave You" 2:30 Ponytail Canasta TCR 3:30 Philosophy of the Mind P 5:30 BYOB Social TOWERS CLUB RM</p>	<p>7:00-5:00 Video Wii Bowling P 3 1:00 Ten Cent Card Bingo TCR 2:30 Shamrock Social w/ Entertainment by String Connection DR 5:30 Right Center Left Dice Game TCR 6:30 Single Deck Pinochle TCR 7:00 Comedy Movie THEATRE 2012 "People Like Us"</p>
<p>10:45 Fountains Worship Service 4 1:30 Games for the Brain VCR No Ping Pong 2:30 Cribbage TCR 2:30 Terrace Worship Service CH 2:30 Excursion: Mt Hood Pops Orchestra Winter Concert 3:00 Village Treasure Shop OPEN 6:00 Night Owl Table Talk GABLES</p>	<p>10:00 Musical Tone Chimes TCR 5 10:00 Pool for Beginners TOWERS 11:00 Bean Bag Baseball P 1:00 Party Bridge SU 1:00 Monte Carlo \$1 Bingo TCR 2:00-4:00 Bean Bag Baseball PARLOR 4:00 Mexican Dominoes GABLES 6:00 Bible Study Fellowship P 7:00 Biography Drama Movie THEATRE 1980 "Raging Bull"</p>	<p>9:30 Dealers Choice Poker TCR 6 10:00 Chair Exercises w/ Dain ND 1:00 Vitality Meet & Greet P Come Meeting the Newest Vitality Team Assistant, Asya Austin 3:00 Dealers Choice Poker DR 3:00 Increase Your Happiness Meditation 3:00-4:00 Treasure Shop OPEN 3:30 Exploring Your Faith w/ Phil P 4:00 Line Dancing VCR 6:00 Hand & Foot GABLES</p>	<p>9:30 Writer's Corner TCR 7 10:00 Strength Building / Sam P 10:00 Indoor Lawn Bowling TERRACE 1:00 Village Ambassador's Meeting TCR 1:30 Village Council Meeting TCR 1:30 Adventist Blood Pressure Clinic TH 3:00 Monte Carlo \$1 Bingo TCR 4:00 Assisted Living Open House FTN 6:00 Single Deck Pinochle GABLES 6:00 Exploratory Discussion w/ Elmer P</p>	<p>8:00 Excursion: Spirit Mt Casino 8 9:30 Catholic Communion CHAPEL 9:30 Family Genealogy Course TCR 10:00 Chair Exercises w/ Dain P 10:45 Oregon Hearing Aid Clinic P 1:00-3:00 St. Patrick's Day Craft Felt Shamrock Pin's TCR 3:00 Marsha the Story Lady P 5:30 Color Yourself Calm TCR 6:00 Rummikub Tiles GABLES 6:00 Knitting & Crochet GABLES</p>	<p>10:00 Strength Building w/ Sam VCR 9 10:00 Biblical Questions/Answers P 1:00 Ultimate \$2 Big Bingo TCR 2:00 Play Reading w/ Tori P 2:30 Classic Matinee THEATRE 1958 "Cat on a Hot Tin Roof" 3:00 Cookery w/ Shirley VCR Homemade Bailey's Irish Cream 3:30 Philosophy of the Mind P 5:30 BYOB Social TOWERS CLUB RM</p>	<p>7:00-5:00 Video Wii Bowling P 10 1:00 Ten Cent Card Bingo TCR 2:30 Village Birthday Party w/ Irish Folk Singer Curtis Smith DR 5:30 Right Center Left Dice Game TCR 6:30 Single Deck Pinochle TCR 6:15 Excursion: Arlene Schnitzer Concert Hall "Verdi's Requiem" 7:00 Comedy Movie THEATRE 2003 "Anger Management"</p>
<p>10:45 Fountains Worship Service 11 1:00 Ping Pong TCR 1:30 Games for the Brain VCR 2:00 Chair Volleyball P 2:30 Cribbage TCR 2:30 Terrace Worship Service CH 3:00 Village Treasure Shop OPEN 6:00 Night Owl Table Talk GABLES</p>	<p>10:00 Musical Tone Chimes TCR 12 10:00 Pool for Beginners TOWERS 11:00 Bean Bag Baseball P 1:00 Party Bridge SU 1:00 Monte Carlo \$1 Bingo TCR 2:00-4:00 Bean Bag Baseball PARLOR 4:00 Mexican Dominoes GABLES 6:00 Bible Study Fellowship P 7:00 Comedy Movie THEATRE 2004 "Fifty First Dates"</p>	<p>9:30 Dealers Choice Poker TCR 13 10:00 Chair Exercises w/ Dain P 3:00 Healthy Cookery w/ Shirley VCR Gluten Free "Key Lime Pie Energy Bars" 3:00 Dealers Choice Poker DR 3:00 Increase Your Happiness Meditation 3:30 Village Veterans Gathering P 3:00-4:00 Treasure Shop OPEN 4:00 Line Dancing VCR 6:00 Hand & Foot GABLES</p>	<p>1:00-4:00 VILLAGE PIE DAY 14 Don't Forget to Get Your Piece of Pie! 9:30 Writer's Corner TCR 10:00 Strength Building / Sam P 10:00 Indoor Lawn Bowling TERRACE 10:00 Grief & Loss Support Group SD 1:30 Village Resident Meeting DR 3:00 Monte Carlo \$1 Bingo TCR 6:00 Single Deck Pinochle GABLES 6:00 Exploratory Discussion w/ Elmer P</p>	<p>9:30 Catholic Mass CHAPEL 15 9:30 Family Genealogy Course TCR 10:00 Chair Exercises w/ Dain P 12:00-1:30PM Village St Patty's Celebration w/ Castletown Duo 1:00-3:00 Block of the Month Quilting NU 3:00 Marsha the Story Lady P 5:30 Color Yourself Calm TCR 6:00 Knitting & Crochet GABLES 6:00 Village Curiosity Club P</p>	<p>10:00 Strength Building w/ Sam P 16 10:00 Biblical Questions/Answers 1:00 Ultimate \$2 Big Buck Bingo TCR 1:00 Current Events w/ Devin P 1:30-2:00 Murray Irish Dancers FTN DR 2:30 Comedy Matinee 2014 "St Vincent" 2:30 Grape Expectations Wine Club TC "Wine" T-Shirt Craft Project 3:30 Philosophy of the Mind P 5:30 BYOB Social TOWERS CLUB RM</p>	<p>St. Patrick's Day 17 7:00-5:00 Video Wii Bowling P 1:00 Walking Club Excursion: Rooster Rock State Park on the Columbia River 1:00 Ten Cent Card Bingo TCR 2:15 Trivia Challenge w/ Josh TCR 3:00 St Patrick's Day Bunco Party VCR 5:30 Right Center Left Dice Game TCR 6:30 Single Deck Pinochle TCR 7:00 Musical "Hairspray" THEATRE</p>
<p>10:45 Fountains Worship Service 18 1:00 Ping Pong TCR 1:30 Games for the Brain VCR 2:00 Chair Volleyball P 2:30 Cribbage TCR 2:30 Terrace Worship Service CH 3:00 Village Treasure Shop OPEN 6:00 Night Owl Table Talk GABLES</p>	<p>9:30-3:15 Foot Care Clinic BS 19 10:00 Musical Tone Chimes TCR 10:00 Pool for Beginners TOWERS 11:00 Bean Bag Baseball P 1:00 Party Bridge SU 1:00 Monte Carlo \$1 Bingo TCR 2:00-4:00 Bean Bag Baseball PARLOR 4:00 Mexican Dominoes GABLES 6:00 Bible Study Fellowship P 7:00 Western Movie 2010 "True Grit" TH</p>	<p>9:30 Dealers Choice Poker TCR 20 10:00 Chair Exercises w/ Dain P 3:00 Increase Your Happiness Meditation 3:00 Dealers Choice Poker DR 3:00-4:00 Treasure Shop OPEN 3:30 Exploring Your Faith w/ Phil P 4:00 Line Dancing VCR Advanced & Beginners 4:30 Village Book Club Discussion TCR 6:00 Hand & Foot GABLES</p>	<p>9:30 Writer's Corner TCR 21 10:00 Strength Building / Sam P 10:00 Indoor Lawn Bowling TERRACE 11:00 Chair Yoga w / Ron PARLOR 1:00 New Resident Welcome Wagon P Come Meet the Newest Residents 1:30 Adventist Blood Pressure Clinic TH 3:00 Monte Carlo \$1 Bingo TCR 6:00 Single Deck Pinochle GABLES 6:00 Exploratory Discussion w/ Elmer P</p>	<p>9:30 Catholic Communion CHAPEL 22 9:30 Family Genealogy Course TCR 10:00 Chair Exercises w/ Dain P 10:45 Oregon Hearing Aid Clinic P 3:00 Marsha the Story Lady P 5:30 Color Yourself Calm TCR 6:00 Rummikub Tiles GABLES 6:00 Knitting & Crochet GABLES 6:15 Excursion: Arlene Schnitzer Concert Hall presents "The Fab Four"</p>	<p>10:00 Strength Building w/ Sam VCR 23 10:00 Biblical Questions/Answers 1:00 Ultimate \$2 Big Bingo TCR 2:00 Play Reading w/ Tori P 2:30 Mystery Matinee "Mr. Holmes" TH 2:30 Ponytail Canasta TCR 3:30 Philosophy of the Mind P 5:30 BYOB Social TOWERS CLUB RM 5:30 Wearing of the Green Social w/ Entertainment by Celtric Trill VCR</p>	<p>7:00-5:00 Video Wii Bowling P 24 1:00 Ten Cent Card Bingo TCR 2:30 Gentleman Scientist, Dr. Roy Torley Presentation "The Northern Lights: Silk of the Gods" THEATRE 5:30 Right Center Left Dice Game TCR 6:30 Single Deck Pinochle TCR 7:00 Comedy Movie THEATRE 2007 "The Bucket List"</p>
<p>10:45 Fountains Worship Service 25 1:00 Ping Pong TCR 2:00 Chair Volleyball P 2:30 Cribbage TCR 2:30 Terrace Worship Service CH 3:00 Village Treasure Shop OPEN 6:00 Night Owl Table Talk GABLES</p>	<p>No Musical Tone Chimes 26 10:00 Pool for Beginners TOWERS 11:00 Bean Bag Baseball P 1:00 Party Bridge SU 1:00 Monte Carlo \$1 Bingo TCR 2:00-4:00 Bean Bag Baseball PARLOR 4:00 Mexican Dominoes GABLES 6:00 Bible Study Fellowship P 7:00 Western Movie TH 2016 "The Magnificent Seven"</p>	<p>9:30 Dealers Choice Poker TCR 27 10:00 Chair Exercises w/ Dain P 2:00 Village Culinary Meeting P 3:00 Dealers Choice Poker DR 3:00-4:00 Treasure Shop OPEN 4:00 Line Dancing VCR Advanced & Beginners 4:00 Tech Help Quick Fix w/ Josh TCR 6:00 Hand & Foot GABLES</p>	<p>9:30 Writer's Corner TCR 28 10:00 Strength Building / Sam P 10:00 Indoor Lawn Bowling TERRACE 10:00 Grief & Loss Support Group SD 1:00 Who's Interested in a Village "Skits / Theatre" Performing Group? P 11:00-3:00 Schmaltz Gifts TERRACE 2:00 Alterations w/ Kimi P 3:00 Monte Carlo \$1 Bingo TCR 6:00 Exploratory Discussion w/ Elmer P</p>	<p>9:30 Catholic Communion CHAPEL 29 9:30 Family Genealogy Course TCR 10:00 Chair Exercises w/ Dain P 1:00 Earthtones Wellness Presentation VCR 2:00 Easter "Eggs" Craft TCR 3:00 Marsha the Story Lady P 3:00 Dinner Excursion: Clyde's Prime Rib Restaurant & Bar 5:30 Color Yourself Calm TCR 6:00 Rummikub Tiles GABLES</p>	<p>10:00 Strength Building w/ Sam VCR 30 10:00 Biblical Questions/Answers 1:00 Ultimate \$2 Big Bingo TCR 2:30 Classic Matinee THEATRE 1958 "A Street Car Named Desire" 2:30 Ponytail Canasta TCR 2:30 Passover Seder VCR 3:30 Philosophy of the Mind P 5:30 BYOB Social TOWERS CLUB RM</p>	<p>7:00-5:00 Video Wii Bowling P 31 12:45 History Through Film w/ Josh TH "Munich" 1:00 Ten Cent Card Bingo TCR 5:30 Right Center Left Dice Game TCR 6:30 Single Deck Pinochle TCR 7:00 Drama Movie THEATRE 2005 Based of the Book "The Prize Winner of Defiance, Ohio"</p>