

# The Fountains Vitality Events Calendar March 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>HAPPY BIRTHDAY</b></p> <p><b>3/1 Wiona Morris</b>  <b>3/8 Margaret Ferguson</b>  <b>3/13 Dolores Todd</b>  <b>3/15 Evelyn Foshaug</b>  <b>3/21 Al Volle</b>  <b>3/22 Nanny Bakema</b>  <b>3/28 Shirley Englund</b></p>	<p><b>Location Key</b>  <b>1</b> - 1st floor near whale mural  <b>2</b> - 2nd floor near Conference rm.  <b>F</b>CR - Fountains Community Rm.  <b>D</b>R - Dining Room in Fountains  <b>L</b>R - Living Room  <b>L</b> - Lobby  <b>P</b> - Parlor in Terrace  <b>R</b> - Rehab  <b>T</b> - Terrace (additional locations)  <b>T</b>CR - Terrace Community Room  <b>V</b>CR - Vitality Ctr. Community Rm.</p>	<p></p> <p><b>Friendly Reminder....</b>  <b>Excursions and Dine Ins are listed</b>  <b>Wednesdays here on the calendar.</b>  <b>If interested, please sign up in the Lobby no later</b>  <b>than the day before each scheduled event.</b>  <b>If the list is full, please sign up on the</b>  <b>waiting list.</b>  <b>Thank you.</b></p> <p></p>		<p><b>1</b></p> <p>9:45 Stretch &amp; Stretch - <u>2</u>  10:45 Balloon Bounce - <u>1</u>  1:00 Let's Talk About TCV Vitality Programs: What Would You Like To See? - <u>F</u>CR  3:00 Fresh Flower Arranging - <u>F</u>CR  5:45 Bingo w/ Vincent - <u>R</u></p>	<p><b>2</b></p> <p>9:30 &amp; 1:15 Shopping @ Fred Meyer &amp; Winco - <u>L</u>  9:45 Strength Building w/Josh - <u>2</u>  10:45 Tabletop Balloon Ball - <u>R</u>  1:00 Historical Documentary: "The True Story of Charlie Wilson's War" - <u>L</u>R  2:30 BIG MONEY BINGO!! - <u>D</u>R  3:30 Diabetic Support Group - <u>T</u>  5:45 Game Night: Skip Bo - <u>F</u>CR</p>	<p><b>3</b></p> <p>9:00 Poetry Out Loud - <u>F</u>CR  10:00 TC Baptist Singers - <u>D</u>R  10:45 Coffee &amp; Conversation w/ Devin - <u>R</u>  1:00 Indoor Bowling - <u>2</u>  2:00 Joggin' Your Noggin! - <u>F</u>CR  3:15 Ladder Golf - <u>F</u>CR  5:45 Bingo w/ Devin - <u>F</u>CR</p>
<p><b>4</b></p> <p>10:45 Sunday Worship - <u>2</u>  1:00 Balloon Volleyball - <u>F</u>CR  1:30 Games for the Brain - <u>V</u>CR  2:30 Terrace Worship Service - <u>T</u>  2:30 Provoking Thoughts: "Why Is Modern Pop Music So Boring?" - <u>L</u>R  3:00-4:00 Treasure Shop Open - <u>T</u>  3:30 Philosophy of Mind - <u>L</u>R  5:45 Let's Play 5 Crowns - <u>L</u>R</p>	<p><b>5</b></p> <p>9:30 Word Searches - <u>R</u>  10:45 Toss &amp; Chat! - <u>F</u>CR  1:30 Sit &amp; Be Fit w/ Ron - <u>2</u>  3:00 Monday Music w/ Singer &amp; Pianist, MATTHEW CASEY - <u>D</u>R  5:45 Bingo w/ Vincent - <u>R</u></p>	<p><b>6</b></p> <p>9:30 Shopping @ CTC Mall, Target, Trader Joes, Dollar Tree &amp; Umpqua Bank - <u>L</u>  9:45 Strength Building - <u>2</u>  10:45 Cranium Crunches - <u>2</u>  10:45 Balloon Bounce - <u>1</u>  1:00 Vitality Meet &amp; Greet w/ Asya Austin, Newest Vitality Member! - <u>P</u>  1:30 Color Club - <u>R</u>  3:00 Resident Led Game Hour - <u>F</u>CR  3:00-4:00 Treasure Shop Open - <u>T</u>  3:30 Exploring Your Faith w/ Phil - <u>P</u>  5:45 Game Night: Yahtzee! - <u>F</u>CR</p>	<p><b>7</b></p> <p>9:00 <u>EXCURSION</u>: Morning Scenic Drive (Please Sign Up @ Front Desk)  9:45 Mystery Ball Exercises - <u>2</u>  10:45 Tabletop Balloon Ball - <u>R</u>  2:30 Newer Movie Matinee: "The Glass Castle" (Drama) - <u>L</u>R  5:45 Game Night: Rummikub - <u>F</u>CR  <b>4:00-7:00 Assisted Living Open House</b></p>	<p><b>8</b></p> <p>9:45 Sports Stretch - <u>2</u>  10:45 Balloon Bounce - <u>1</u>  10:45 Oregon Hearing Aid Clinic - <u>P</u>  1:30 Men's Group w/ Devin - <u>2</u>  1:30 Ladies Group w/ Steph - <u>F</u>CR  3:00 Food Fun: Strawberry &amp; Kiwi Cheesecake Parfaits - <u>R</u>  5:45 Bingo w/ Vincent - <u>R</u></p>	<p><b>9</b></p> <p>9:30 &amp; 1:15 Shopping @ Fred Meyer &amp; Winco - <u>L</u>  9:45 Strength Building w/Josh - <u>2</u>  10:45 Tabletop Balloon Ball - <u>R</u>  1:00 Film Classics: "Around the World in 80 Days" - <u>L</u>R  <b>3:00</b> Arts &amp; Crafts: Shamrock Pallet Art - <u>F</u>CR  5:45 Game Night: Skip Bo - <u>F</u>CR</p>	<p><b>10</b></p> <p>9:00 Poetry Out Loud - <u>F</u>CR  10:00 New Hope Singers - <u>D</u>R  10:45 Coffee &amp; Conversation w/ Devin - <u>R</u>  1:00 Indoor Bowling - <u>2</u>  2:00 Joggin' Your Noggin! - <u>F</u>CR  3:15 Art Interpretation - <u>F</u>CR  5:45 Bingo w/ Devin - <u>F</u>CR</p>
<p><b>11</b></p> <p>10:45 Sunday Worship - <u>2</u>  1:00 Balloon Volleyball - <u>F</u>CR  1:30 Games for the Brain - <u>V</u>CR  2:30 Terrace Worship Service - <u>T</u>  3:00-4:00 Treasure Shop Open - <u>T</u>  2:30 Provoking Thoughts: "Meet The Forgotten Tribe That Hasn't Discovered Fire?" - <u>L</u>R  3:30 Philosophy of Mind - <u>L</u>R  <b>5:00 STRING CONNECTION PERFORMANCE! - <u>D</u>R</b>  5:45 The BIG Word Game - <u>R</u></p>	<p><b>12</b></p> <p>9:30 Word Jumbles - <u>R</u>  10:45 Toss &amp; Chat! - <u>F</u>CR  1:30 Sit &amp; Be Fit w/ Ron - <u>2</u>  3:00 Peace Through Piano w/ BETH INMAN! - <u>D</u>R  5:45 Bingo w/ Vincent - <u>R</u></p>	<p><b>13</b></p> <p>9:30 Shopping @ CTC Mall, Target, New Seasons &amp; Umpqua Bank - <u>L</u>  9:45 Strength Building - <u>2</u>  10:45 The BIG Word Game - <u>2</u>  10:45 Balloon Bounce - <u>1</u>  1:30 Color Club - <u>R</u>  3:00 Getting to Know You Social - <u>D</u>R  3:30 Village Veterans Gathering - <u>T</u>  3:00-4:00 Treasure Shop Open - <u>T</u>  5:45 Game Night: Rummikub - <u>F</u>CR</p>	<p><b>14</b></p> <p>9:45 Mystery Ball Exercises - <u>2</u>  10:00 Grief &amp; Loss Support Group - <u>T</u>  10:45 Tabletop Balloon Ball - <u>R</u>  10:45 <u>EXCURSION</u>: Lunch @ Kell's Irish Pub (Please Sign Up @ Front Desk)  <b>1:00-4:00 Pi (Pie) Day!!</b>  2:30 Newer Movie Matinee: "Megan Leavey" (Biography/Drama) - <u>L</u>R  5:45 Game Night: Phase 10 Card Game - <u>F</u>CR</p>	<p><b>15</b></p> <p>9:30 Catholic Mass - <u>T</u>  9:45 Stretch &amp; Flex - <u>2</u>  10:45 Balloon Bounce - <u>1</u>  <b>12:00-1:30 St. Patty's Celebration w/ Castletown Duo! - <u>T</u></b>  2:15 Who Wants To Start A Garden Club? - <u>F</u>CR  5:45 Bingo w/ Vincent - <u>R</u></p>	<p><b>16</b></p> <p>9:30 &amp; 1:15 Shopping @ Fred Meyer &amp; Winco - <u>L</u>  9:45 Strength Building w/ Josh - <u>2</u>  10:30 Music, Memories &amp; Wisdom w/ Sara - <u>F</u>CR  <b>1:30 Murray School Irish Dancers! - <u>D</u>R</b>  2:30 Arts &amp; Crafts: Floating Easter Cup - <u>F</u>CR  3:30 Current Events w/ Devin - <u>P</u>  5:45 Game Night: King's Corner - <u>F</u>CR</p>	<p><b>17</b></p> <p><b>St. Patrick's Day</b></p> <p>9:30 Poetry Out Loud - <u>F</u>CR  10:45 Coffee &amp; Conversation w/ Devin - <u>R</u>  1:00 Indoor Bowling - <u>2</u>  2:15 Trivia Challenge w/ Josh - <u>T</u>CR  2:00 Joggin' Your Noggin! - <u>F</u>CR  3:15 Ladder Golf - <u>F</u>CR  5:45 Bingo w/ Devin - <u>F</u>CR</p>
<p><b>18</b></p> <p>10:45 Sunday Worship - <u>2</u>  1:00 Balloon Volleyball - <u>F</u>CR  1:30 Games for the Brain - <u>V</u>CR  2:30 Terrace Worship Service - <u>T</u>  2:30 Provoking Thoughts: "Mandela Effect" - <u>L</u>R  3:00-4:00 Treasure Shop Open - <u>T</u>  3:30 Philosophy of Mind - <u>L</u>R  5:45 Let's Play 5 Crowns - <u>R</u></p>	<p><b>19</b></p> <p>9:30 Word Searches - <u>R</u>  10:45 Toss &amp; Chat! - <u>F</u>CR  1:30 Sit &amp; Be Fit w/ Ron - <u>2</u>  3:00 Collage Your World: What do you See? - <u>F</u>CR  5:45 Bingo w/ Vincent - <u>R</u></p>	<p><b>HAPPY SPRING</b></p> <p><b>20</b></p> <p>9:30 Shopping @ CTC Mall, Target, Costco &amp; Umpqua Bank - <u>L</u>  9:45 Strength Building - <u>2</u>  10:45 Crossword Craze - <u>2</u>  10:45 Balloon Bounce - <u>1</u>  1:30 Color Club - <u>R</u>  3:00-4:00 Treasure Shop Open - <u>T</u>  3:30 Exploring Your Faith w/ Phil - <u>P</u>  5:45 Game Night: Scrabble - <u>F</u>CR</p>	<p><b>21</b></p> <p>9:30 Sit &amp; Be Fit w/ Ron - <u>F</u>CR  10:30 Crafts or Bingo w/ 2nd Graders - <u>F</u>CR OR <u>2</u>  11:30 Lunch w/ 2nd Graders - <u>D</u>R  1:30 <u>EXCURSION</u>: Corbett's Mystery Drive &amp; Ice Cream Stop (Please Sign Up @ Front Desk)  2:30 Newer Movie Matinee: "The Prize Winner of Defiance, Ohio" (Drama) - <u>L</u>R  5:45 Game Night: Rummikub - <u>F</u>CR</p>	<p><b>22</b></p> <p>9:45 Sports Stretch - <u>2</u>  10:45 Balloon Bounce - <u>1</u>  10:45 Oregon Hearing Aid Clinic - <u>P</u>  1:30 Paint To Music! - <u>F</u>CR  3:00 Food Fun: Cherry Tomato &amp; Prosciutto Toast - <u>R</u>  5:45 Bingo w/ Vincent - <u>R</u></p>	<p><b>23</b></p> <p>9:30 &amp; 1:15 Shopping @ Fred Meyer &amp; Winco - <u>L</u>  9:45 Strength Building w/ Josh - <u>2</u>  10:45 Tabletop Balloon Ball - <u>R</u>  1:00 Travel Documentary: "Galapagos" - <u>L</u>R  2:30 March Birthday Party w/ Singer &amp; Guitarist, DENNIS HARRIS!! - <u>D</u>R  5:45 Game Night: Skip Bo - <u>F</u>CR</p>	<p><b>24</b></p> <p>9:30 Poetry Out Loud - <u>F</u>CR  10:45 Coffee &amp; Conversation w/ Devin - <u>R</u>  1:00 Indoor Bowling - <u>F</u>CR  2:00 Joggin' Your Noggin! - <u>F</u>CR  3:15 Art Interpretation - <u>F</u>CR  5:45 Bingo w/ Devin - <u>F</u>CR</p>
<p><b>25</b></p> <p>10:45 Sunday Worship - <u>2</u>  1:00 Balloon Volleyball - <u>F</u>CR  2:30 Terrace Worship Service - <u>T</u>  2:30 Provoking Thoughts: "The Future of Race in America" - <u>L</u>R  3:00-4:00 Treasure Shop Open - <u>T</u>  3:30 Philosophy of Mind - <u>L</u>R  5:45 The BIG Word Game - <u>R</u></p>	<p><b>26</b></p> <p>9:30 Word Jumbles - <u>R</u>  10:45 Toss &amp; Chat! - <u>F</u>CR  1:30 Sit &amp; Be Fit w/ Steph - <u>2</u>  3:00 Music Exploration &amp; Discussion w/ Stephanie - <u>F</u>CR  5:45 Bingo w/ Vincent - <u>R</u></p>	<p><b>NO SHOPPING TODAY</b></p> <p><b>27</b></p> <p>9:45 Strength Building - <u>2</u>  10:30 Rehab Resident Council Meeting - <u>F</u>CR  10:45 The BIG Word Game - <u>2</u>  10:45 Balloon Bounce - <u>1</u>  1:30 Color Club - <u>R</u>  2:30 Food Services Forum - <u>F</u>CR  3:00 ALF Resident Meeting - <u>F</u>CR  3:00-4:00 Treasure Shop Open - <u>T</u>  4:00 Quick Fix Tech Help - <u>T</u>CR  5:45 Game Night: Rummikub - <u>F</u>CR</p>	<p><b>28</b></p> <p>9:45 Mystery Ball Exercises - <u>2</u>  10:00 Grief &amp; Loss Support Group - <u>T</u>  10:45 Tabletop Balloon Ball - <u>R</u>  11:00-3:00 Schmaltz Gifts - <u>T</u>  11:30 <u>DINE IN</u>: From Jumbo's Chinese Food - <u>F</u>CR  2:00 Alterations w/ Kimi - <u>T</u>CR  2:30 Newer Movie Matinee: "Going In Style" (Comedy) - <u>L</u>R  5:45 Game Night: Phase 10 Card Game - <u>F</u>CR</p>	<p><b>29</b></p> <p>9:45 Stretch &amp; Stretch - <u>2</u>  10:45 Balloon Bounce - <u>1</u>  1:00 Earthtones Music Therapy Wellness Presentation - <u>V</u>CR  <b>3:00 Irish History, Music &amp; Food! - <u>F</u>CR</b>  5:45 Bingo w/ Vincent - <u>R</u></p>	<p><b>PASSOVER Good Friday</b></p> <p><b>30</b></p> <p>9:30 &amp; 1:15 Shopping @ Fred Meyer &amp; Winco - <u>L</u>  9:45 Strength Building w/ Josh - <u>2</u>  10:45 Tabletop Balloon Ball - <u>R</u>  1:00 Film Classics: "Easter Parade" - <u>L</u>R  <b>2:30 Village Passover Seder - <u>V</u>CR</b>  5:45 Game Night: Skip Bo - <u>F</u>CR</p>	<p><b>31</b></p> <p>9:30 Poetry Out Loud - <u>F</u>CR  10:45 Coffee &amp; Conversation w/ Devin - <u>R</u>  12:45 History Through Film: "Munich" - <u>T</u>  1:00 Indoor Bowling - <u>2</u>  2:00 Joggin' Your Noggin! - <u>F</u>CR  3:15 Bean Bag Toss - <u>2</u>  5:45 Bingo w/ Devin - <u>F</u>CR</p>