




The Fountains Vitality Events Calendar May 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>HAPPY BIRTHDAY</p> <p>5/3 Enid Briggs 5/4 Onie Hanson 5/17 Ann Bessire 5/17 Marjorie Petty 5/18 Dorothy Throp 5/25 Marge Sedlacek</p> 		<p>9:30 Shopping @ CTC Mall, Target, Trader Joes, Dollar Tree & Umpqua Bank - <u>L</u> 1</p> <p>9:45 Strength Building - <u>2</u> 10:45 Balloon Bounce - <u>1</u> 11:00 Shamrock Medical Scooter/Walker Repair - <u>P</u> 1:00 Village Voices Rehearsal - <u>VCR</u> 1:30 Color Club - <u>R</u> 3:00 Collage Your World! - <u>FCR</u> 3:00-4:00 Treasure Shop Open - <u>T</u> 3:30 Exploring Your Faith w/ Phil - <u>P</u> 5:45 Game Night: Yahtzee! - <u>FCR</u></p>	<p>2</p> <p>9:45 Twister Toss Exercise - <u>2</u> 10:45 Tabletop Balloon Ball - <u>R</u> 1:00 Ice Cream Sundae Social - FCR 2:30 Classic Movie Matinee: "Come September" (Comedy) - <u>LR</u> 5:45 Game Night: Rummikub - <u>FCR</u> 7:00 Entertainment by The Westside Singers - <u>I</u></p>	<p>3</p> <p>9:45 Stretch & Stretch - <u>2</u> 10:45 Balloon Bounce - <u>1</u> 1:00 Garden Club w/ Cheyenne - <u>FCR</u> 3:00 Resident Led Game Hour - <u>FCR</u> 4:00-5:30 Village Fiesta w/ Mariachi Viva Mexico - T 5:45 Bingo w/ Devin - <u>R</u></p>	<p>4</p> <p>9:30 & 1:15 Shopping @ Fred Meyer & Winco - <u>L</u> 9:45 Strength Building w/Josh - <u>2</u> 10:45 Tabletop Balloon Ball - <u>R</u> 1:15 Bible Questions & Answers w/ Phil - <u>FCR</u> 2:15 Diabetic Support Group w/ Guest Speaker, Melissa Fowler - <u>I</u> 2:30 Let's Play Password! - <u>FCR</u> 5:30 Grief Share Video - <u>P</u> 5:45 Game Night: King's Corner - <u>FCR</u> 6:15 "Loss" Support Grp. Discussion - <u>P</u></p>	<p>Cinco de Mayo 5</p> <p>9:00 Poetry Out Loud - <u>FCR</u> 10:00 TC Baptist Singers - <u>DR</u> 10:45 Coffee & Conversation w/ Devin - <u>R</u> 1:00 Indoor Bowling - <u>2</u> 2:00 Joggin' Your Noggin! - <u>FCR</u> 2:15 Special Entertainment by Center for Movement Arts Ballet - <u>T</u> 3:15 Ladder Golf - <u>FCR</u> 5:45 Bingo w/ Devin - <u>FCR</u></p>
<p>10:45 Sunday Worship - <u>2</u> 6 1:00 Balloon Volleyball - <u>FCR</u> 1:30 Games for the Brain - <u>VCR</u> 2:30 Town Hall Meeting w/ District 24 Democratic Candidate, Shemia Fagan - P 2:30 Terrace Worship Service - <u>I</u> 2:30 Provoking Thoughts: "Crash Course: Sensation vs. Perception" - <u>LR</u> 3:00-4:00 Treasure Shop Open - <u>I</u> 3:30 Philosophy of Mind - <u>TVL</u> 5:45 Let's Play 5 Crowns - <u>LR</u></p>	<p>7</p> <p>9:30 Word Searches - <u>R</u> 10:45 The BIG Word Game - <u>2</u> 1:30 Sit & Be Fit w/ Ron - <u>2</u> 3:00 Monday Music w/ Pianist, STAN LASLEY - <u>DR</u> 5:45 Bingo w/ Steph - <u>R</u></p>	<p>8</p> <p>9:30 Shopping @ CTC Mall, Target, New Seasons & Umpqua Bank - <u>L</u> 9:45 Strength Building - <u>2</u> 10:45 Balloon Bounce - <u>1</u> 1:00 Village Voices Rehearsal - <u>VCR</u> 1:30 Color Club - <u>R</u> 3:00 Getting to Know You Social - <u>DR</u> 3:00 Village Veterans Gathering - <u>P</u> 3:00-4:00 Treasure Shop Open - <u>T</u> 5:45 Game Night: Rummikub - <u>FCR</u></p>	<p>9</p> <p>9:00 Morning Scenic Drive - <u>L</u> (Please Sign Up @ Front Desk) 9:30 Sit & Be Fit w/ Ron - <u>FCR</u> 10:45 Tabletop Balloon Ball - <u>R</u> 2:30 Newer Movie Matinee: "Simon Birch" (Drama) - <u>LR</u> 5:45 Game Night: Phase 10 Card Game - <u>FCR</u></p>	<p>10</p> <p>9:45 Sports Stretch - <u>2</u> 10:45 Balloon Bounce - <u>1</u> 10:45 Oregon Hearing Aid Clinic - <u>P</u> 1:00 Men's Group w/ Devin - <u>2</u> 1:00 Ladies Group w/ Steph - <u>FCR</u> 3:00 Food Fun: Quick & Easy Lemon Truffles - <u>R</u> 5:45 Bingo w/ Devin - <u>R</u></p>	<p>11</p> <p>9:30 & 1:15 Shopping @ Fred Meyer & Winco - <u>L</u> 9:45 Strength Building w/Josh - <u>2</u> 10:45 Tabletop Balloon Ball - <u>R</u> 1:15 Spiritual Documentary: "Monumental" - <u>LR</u> 3:00 Arts & Crafts: Calm Down Sensory Bottles - <u>FCR</u> 5:30 Grief Share Video - <u>P</u> 5:45 Game Night: King's Corner - <u>FCR</u> 6:15 "Loss" Support Grp. Discussion - <u>P</u></p>	<p>12</p> <p>9:00 Exercise w/ Cheyenne - <u>FCR</u> 10:00 New Hope Singers - <u>DR</u> 10:45 Coffee & Conversation w/ Devin - <u>R</u> 1:00 Indoor Bowling - <u>2</u> 2:00 Joggin' Your Noggin! - <u>FCR</u> 2:30 Mother/Daughter Tea w/ Rose Festival Court - VCR (Sign up at Terrace) 3:15 Bean Bag Toss - <u>2</u> 5:45 Bingo w/ Devin - <u>FCR</u></p>
<p>HAPPY Mother's DAY 13</p> <p>10:45 Sunday Worship - <u>2</u> 1:00 Balloon Volleyball - <u>FCR</u> 1:30 Games for the Brain - <u>VCR</u> 2:30 Terrace Worship Service - <u>I</u> 3:00-4:00 Treasure Shop Open - <u>I</u> 2:30 Provoking Thoughts: "Stephen Hawking Claimed Something That Amazes the World" - <u>LR</u> 3:30 Philosophy of Mind - <u>TVL</u> 5:45 The BIG Word Game - <u>R</u></p>	<p>14</p> <p>9:30 Word Jumbles - <u>R</u> 10:45 Crossword Craze - <u>2</u> 1:30 Sit & Be Fit w/ Ron - <u>2</u> 3:00 Music Exploration & Discussion w/ Stephanie - <u>FCR</u> 5:45 Bingo w/ Steph - <u>R</u></p>	<p>15</p> <p>9:30 Shopping @ CTC Mall, Target, Costco & Umpqua Bank - <u>L</u> 9:45 Strength Building - <u>2</u> 10:45 Balloon Bounce - <u>1</u> 1:00 Village Voices Rehearsal - <u>VCR</u> 1:30 Color Club - <u>R</u> 3:00-4:00 Treasure Shop Open - <u>I</u> 3:00 Visit with Carla and Golden Retriever, Hudson! - FCR 3:30 Exploring Your Faith w/ Phil - <u>P</u> 5:45 Game Night: Yahtzee! - <u>FCR</u></p>	<p>16</p> <p>9:45 Twister Toss Exercise - <u>2</u> 10:45 Tabletop Balloon Ball - <u>R</u> 11:30 <u>DINE IN</u>: Devin's Taco Bar - <u>FCR</u> (Please Sign Up @ Front Desk) 2:30 Classic Movie Matinee: "Rebecca of Sunnybrook Farm" (Musical) - <u>LR</u> 5:45 Game Night: Rummikub - <u>FCR</u></p>	<p>17</p> <p>9:30 Catholic Mass - <u>T</u> 9:45 Stretch & Flex - <u>2</u> 10:45 Balloon Bounce - <u>1</u> 1:00 TCV Remembrance Service - VCR 3:15 Creative Journaling w/ Devin - <u>FCR</u> 5:45 Bingo w/ Devin - <u>R</u></p>	<p>18</p> <p>9:30 & 1:15 Shopping @ Fred Meyer & Winco - <u>L</u> 9:45 Strength Building w/ Josh - <u>2</u> 10:30 Music, Memories & Wisdom w/ Sara - <u>FCR</u> 1:00 Current Events w/ Devin - <u>P</u> 1:15 Bible Questions & Answers w/ Phil - <u>FCR</u> 2:30 Arts & Crafts: Beaded Wind Chimes - <u>FCR</u> 5:30 Grief Share Video - <u>P</u> 5:45 Game Night: King's Corner - <u>FCR</u> 6:15 "Loss" Support Grp. Discussion - <u>P</u></p>	<p>19</p> <p>9:30 Poetry Out Loud - <u>FCR</u> 10:45 Coffee & Conversation w/ Devin - <u>R</u> 1:00 Indoor Bowling - <u>2</u> 2:15 Trivia Challenge w/ Josh - <u>TCR</u> 2:00 Joggin' Your Noggin! - <u>FCR</u> 3:15 Ladder Golf - <u>FCR</u> 5:45 Bingo w/ Devin - <u>FCR</u></p>
<p>20</p> <p>10:45 Sunday Worship - <u>2</u> 1:00 Balloon Volleyball - <u>FCR</u> 1:30 Games for the Brain - <u>VCR</u> 2:30 Terrace Worship Service - <u>I</u> 2:30 Provoking Thoughts: "To Sleep Perchance To Dream" - <u>LR</u> 3:00-4:00 Treasure Shop Open - <u>I</u> 3:30 Philosophy of Mind - <u>TVL</u> 5:45 Let's Play 5 Crowns - <u>R</u></p>	<p>Vitality Week 21st - 25th 21</p> <p>8:00-9:00 Healthy Snack Samples - VCR</p> <p>9:30 Word Searches - <u>R</u> 10:45 The BIG Word Game - <u>2</u> 1:30 Sit & Be Fit w/ Ron - <u>2</u> 3:00 Monday Music w/ Accordionist, GABRIEL GUERRERO - <u>DR</u> 5:45 Bingo w/ Steph - <u>R</u></p>	<p>22</p> <p>9:45 Strength Building - <u>2</u> 10:45 Balloon Bounce - <u>1</u> 1:00 Village Voices Rehearsal - <u>VCR</u> 1:30 Color Club - <u>R</u> 3:00-4:00 Treasure Shop Open - <u>I</u> 3:00 Wellness Lecture w/ Patrick - TCR 5:45 Game Night: Rummikub - <u>FCR</u> 7:00 Entertainment: "A Celtic Spring" by The Chonchord Chorale</p>	<p>23</p> <p>9:00 - 11:30 Senior Fitness Test - VCR</p> <p>10:00 <u>EXCURSION</u>: Picnic Lunch @ Oral Hull Park (Please Sign Up @ Front Desk) 1:00 Twister Toss Exercise - <u>2</u> 2:00 Alterations w/ Kimi - <u>P</u> 2:30 Newer Movie Matinee: "Whale Rider" (Drama) - <u>LR</u> 5:45 Game Night: Phase 10 Card Game - <u>FCR</u></p>	<p>24</p> <p>9:45 Sports Stretch - <u>2</u> 10:45 Balloon Bounce - <u>1</u> 10:45 Oregon Hearing Aid Clinic - <u>P</u> 11:30-1:00 Infused Water Sampling - L 3:00 Let's Play The Price Is Right! - <u>FCR</u> 3:00 Food Fun: Healthy and Delicious Fruit Tarts - <u>R</u> 5:45 Bingo w/ Devin - <u>R</u></p>	<p>25</p> <p>9:30 & 1:15 Shopping @ Fred Meyer & Winco - <u>L</u> 9:45 Strength Building w/ Josh - <u>2</u> 10:45 Tabletop Balloon Ball - <u>R</u> 1:15 Bible Questions & Answers w/ Phil - <u>FCR</u> 2:30 May Birthday Party w/ Singer & Guitarist, DENNIS HARRIS!! - <u>DR</u> 5:30 Grief Share Video - <u>P</u> 5:45 Game Night: King's Corner - <u>FCR</u> 6:15 "Loss" Support Grp. Discussion - <u>P</u></p>	<p>26</p> <p>9:30 Exercise w/ Cheyenne - <u>FCR</u> 10:45 Coffee & Conversation w/ Devin - <u>R</u> 12:45 History Through Film: "China Town" - <u>T</u> 1:00 Indoor Bowling - <u>2</u> 2:00 Joggin' Your Noggin! - <u>FCR</u> 3:15 Art Interpretation - <u>FCR</u> 5:45 Bingo w/ Devin - <u>FCR</u></p>
<p>27</p> <p>10:45 Sunday Worship - <u>2</u> 1:00 Balloon Volleyball - <u>FCR</u> 1:30 Games for the Brain - <u>VCR</u> 2:30 Terrace Worship Service - <u>I</u> 2:30 Provoking Thoughts: "Robots and A.I." - <u>LR</u> 3:00-4:00 Treasure Shop Open - <u>I</u> 3:30 Philosophy of Mind - <u>TVL</u> 5:45 The BIG Word Game - <u>R</u></p>	<p>MEMORIAL DAY 28</p> <p>9:30 Word Jumbles - <u>R</u> 10:45 Cranium Crunches - <u>2</u> 1:30 Sit & Be Fit w/ Steph - <u>2</u> 3:00 Bingo w/ Steph - <u>R</u></p>	<p>29</p> <p>9:45 Strength Building - <u>2</u> 10:45 Rehab Resident Council - <u>FCR</u> 10:45 Balloon Bounce - <u>1</u> 1:00 Village Voices Rehearsal - <u>VCR</u> 1:30 Color Club - <u>R</u> 1:00-3:00 Traveling Used Clothing Rack - <u>FCR</u> 3:00 Food Services Forum - <u>2</u> 3:30 ALF Resident Meeting - <u>2</u> 3:00-4:00 Treasure Shop Open - <u>I</u> 4:00 Quick Fix Tech Help - <u>TCR</u> 5:45 Game Night: Yahtzee! - <u>FCR</u></p>	<p>30</p> <p>9:30 Sit & Be Fit w/ Ron - <u>FCR</u> 10:30 Crafts or Bingo w/ 2nd Graders - <u>FCR OR 2</u> 11:30 Lunch w/ 2nd Graders - <u>DR</u> 1:30 <u>EXCURSION</u>: Corbett's Mystery Drive & Ice Cream Stop (Please Sign Up @ Front Desk) 2:30 Classic Movie Matinee: "Marriage on the Rocks" (Comedy) - <u>LR</u> 5:45 Game Night: Rummikub - <u>FCR</u></p>	<p>31</p> <p>9:45 Sports Stretch - <u>2</u> 10:45 Balloon Bounce - <u>1</u> 1:15 Paint To Music! - <u>FCR</u> 3:00 Discovery Train of Science w/ Lou Taylor: How to Make Root Beer - FCR 5:45 Bingo w/ Devin - <u>R</u></p>		<p>Location Key</p> <p>1 - 1st floor near whale mural 2 - 2nd floor near Conference Rm. FCR - Fountains Community Rm. DR - Dining Room in Fountains LR - Living Room L - Lobby P - Parlor in Terrace R - Rehab T - Terrace (additional locations) TCR - Terrace Community Room TVL - Fountains TV Lounge VCR - Vitality Ctr. Community Rm.</p>