

Voice of the Village

A Newsletter For and By the Residents of Town Center Village



2018 Election Season Begins at TCV

The process has begun. In accordance with the TCV Resident Association By-Laws, the council appointed a **nominations committee** to prepare a slate of officers for 2018. As August came to a close, the membership received information on the duties of the President, Vice-President, Secretary and Treasurer and had an opportunity to fill out a nomination form, the deadline being September 8.

At this point, a different process from previous years will take the place of election by show of hands at the November meeting. The **nomination committee** is also responsible for selecting an **election committee** who then is in charge of the actual election process—erecting the ballot box, determining times and locations of voting and staffing the election sites. They will register each resident to ensure a one-vote rule. Voting will take place October 16-20. The **election committee** will also select a **teller committee** who will be responsible for the accurate count of the votes and report results to the council.

Photos and brief biographies will be prepared by the **nomination committee** and distributed to each door prior to the vote. And what election is complete without parties! A rally will be held October 16 to introduce candidates and a victory party is scheduled for November 8 at our final resident meeting of the year. Traditionally, there is no meeting in December. New officers take their seats at the January 2018 meeting.

Karen Taira, Terrace

A Gathering of Teachers

A first-time meeting of TCV former educators brought out an extraordinary group of residents, extraordinary in their love of their profession and extensive in their history and experience. The group of twenty ex-educators had responded to an invitation from Shirley (Vitality Coordinator) to get-together to meet like-minded people and to research or generate possible ideas or programs that might inspire the group's involvement.

This first gathering concentrated on the "Meet and Greet" objective. What resulted was a sharing of teaching histories that extended from coast to coast and even China, Japan and Germany. Their experiences ranged from Kindergarten to University classes, and included every level and every position of authority. A future meeting has not yet been set, but it is easy to predict that participation and interest of this group should be no problem.

Lori Lauck, Towers

Pontoon Boating and Trout Fishing



In Ok Gibson's Catch

It was a perfectly beautiful day to be cruising along in a pair of pontoon boats on August 31. Eighteen residents, accompanied by Vitality Coordinator Shirley and Driver Phil, relaxed as they watched the calm waters, blue skies and serene mountain scenery. Their destination was Promontory Lake, created by the North Fork Dam seven miles east of Estacada. The reservoir and park, encompassing 350 acres, are ideal spots for camping, fishing, boating and hiking. One of the highlights, besides the picnic sack lunch enjoyed along the waterfront, was watching Terrace resident In Ok Gibson reel in five trout—"My limit!" according to her gleeful declaration.

Karen Taira, Terrace

SING SING SING

On August 29th the Town Center Village Voices gave their summer concert. After seven months of rehearsals, under the direction of two talented directors, the singers sang a wonderful collection which spanned five decades of American music. The Fountains dining room was crowded with happy listeners, and the balcony was full.

This winter, while director Stephanie Ribas-Stepp was on maternity leave, Kathy Richards, daughter of resident Patricia Richards, stepped in and led the choir, allowing the members of the choir to keep on singing. The group cannot thank her enough. When Stephanie returned she added some other songs to the repertoire of the group, and the summer program was the delightful result.

Solos by Gayle Sinclair, Jim Pollock, and John Salmon were great, and accompanist Marcia Borland and Anthony Jones, percussionist, added to the wonderful sound.

After taking a one-month break the choir will resume meeting on Tuesday, October 3 at 1:00 in the Vitality Room. If you enjoy singing, the group invites you to join them.

Rosie Thiers, Towers

Old But Still Beautiful



Cool Car Guys with Bryan and Liz

An awesome parade of 17 beautifully restored classic cars came through the gates of Town Center Village on Friday, September 1. The distinctive sound and lovely sight of those old cars signaled their visit to see Bryan and Liz Mitchell in the Fountains Rehab. Many other residents welcomed the memories that were generated.

The group of 17 drivers are known as the 'Cool Car Guys Breakfast Club'; they have been meeting for breakfast every Friday for over 13 years at the Carver Hangar located in Carver, OR. Bryan and Liz are the owners of the Hangar. They came to the Fountains Rehab after a motorcycle accident that nearly claimed their lives. Toni and our Sales & Marketing team made all the arrangements and got the word out, so that many TCV residents and staff were able to view the cars and visit with the owners. Lots of stories were shared; I could also relate...the '57 Chevy was my first car in which I learned to drive.



A.J. Watland, Terrace

Dear Prudence



Dear Readers: Ladies, ladies! I understand completely that your soft heart strings have been tugged. I have received 53 (!) letters from you asking to be introduced to 'Old Hopeful', whose letter appeared last month telling of his romantic interest in 'Hurting Real Bad'. And I have an update for all of you: 'Hurting Real Bad' sadly and cruelly spurned him, but happily, 'Old Hopeful' has now found bliss with a lovely lady in CherryWood, where he is now located. We wish him well, don't we?

-Prudence

Dear Prudence,

Every time I look in the mirror I notice that my age is really beginning to show. What is your opinion of face-lifts and other forms of plastic surgery?

-Hating My Mirror

Dear Hating Your Mirror,

Well, I admit that I have done quite a bit of research into this subject (just in case someone like you asked). I have found there is more money being spent on breast implants and Viagra than on Alzheimer's research. This means that by the year 2022, there will be a very large elderly population with perky appendages and absolutely no recollection of what to do with them.

-Perking along, Prudence

Dear Prudence,

May I share with you and your readers a recent experience I had with my second husband? We have been married just 2 years, and we both still have a lot to learn about each other. What happened is an example of a real learning experience.

My husband said he was unhappy with my mood swings, so he bought me a mood ring so he would

be able to monitor my moods. We've discovered that when I'm in a good mood, it turns green. When I'm in a bad mood, it leaves a big red mark on his forehead.

Maybe next time he'll buy me a diamond.

-No More Bad Moods

Dear No More Bad,

My, you are quite the clever little lollipop. Your story is an inspiring one for us all! May I borrow your mood ring sometime?

-Always Looking for Perfection, Prudence

Dear Prudence,

Do you think any of the "miracle" products that are on the market today will really help with my 80-year old skin, which is beginning to noticeably sag?

-Saggy and Baggy

Dear Saggy and Baggy,

Oh, you are so lucky! I am going to share with you my new ground-breaking solution for how to prevent skin from sagging: just eat till the wrinkles fill out!

-Scientifically Brilliant, Prudence

Lori Lauck, Towers

Meet Your Neighbors



Manuel Neto (70) has lived here one year and came from Santa Fe, New Mexico where he taught Special Education for fourteen years. Before that he was in the diplomatic service as Vice Council for the Brazilian Diplomatic Service in Chicago. He speaks three languages, Brazilian, French, and English. I asked him what language he thinks in. "I try to think in English because if I think in another language I have to translate and to respond, it takes so long." Manuel loves to play tennis and is looking for a place to play regularly. He visited eleven retirement places before choosing TCV. His favorite trip was a cruise to Alaska. Manuel suggested at the end of our interview that I should have selected someone more interesting than he is. I don't think that is possible.



Don Enyart (85) was born in a town in Iowa so small that no one would have ever heard of it. (The movie star Marilyn Maxwell was born there.) He moved to Oregon and worked for Weyerhaeuser Company for fifty years. He also owned two taverns in Portland. He has three children and two stepchildren and "a whole flock" of grandchildren. All of his children live close except one daughter who lives in Corpus Christi, Texas. She was visiting Portland when the hurricane and flood hit Texas and had a terrible time getting home. After his wife of fifty years died in 2016, he moved to TCV. He was familiar with the place because he visited a friend who lived here. Don keeps busy with activities such as beanbag baseball and cribbage. He is friendly and enjoys talking to people and feels like he is still "settling in" to TCV.



James (74) & Diana (78) Pollock have lived here about one year. Married for twelve years, they have five children between them. James was in the Navy for four years and worked mainly as a re-bar iron worker. Diana worked in banking for thirty-one years but when she was younger, ran a Malt Shop near a high school where she met many high school-aged students. James lived mostly in California. Diana lived in Texas and New Mexico. I never did find out how they met but Diana always wanted to go to Oregon. When they retired, they came to Oregon looking for a retirement center. In their search they came to TCV and it "just seemed right for us". Diana likes the writing class especially for writing poetry and James is "a music freak" who loves to sing in the choir. They are happy at TCV and I found them friendly and easy to talk with.



Don and Lynn Smith. After some discussion, the Smiths decided that they were both 85. They also agreed that they have been married sixty-three years and raised three boys who are successful in various fields. Don and Lynn have nine grandchildren and two great-grandchildren. Most of their lives were spent in the Bay Area in California but they spent some time in Charbonneau before their move to TCV, where they have lived for about one year. Don worked in Human Resource Management, both with a company and then as a consultant. Lynn

worked also, but made a point that it was only after the boys were out of high school.

Their most unusual vacation was a trek through Afghanistan and another country that neither I nor my computer can spell. They see themselves as friendly and enjoy talking to people. I was impressed with the comfort and respect that they have for each other.



Enid Briggs (94) moved here from a small house on Walden Road where she lived with her sister. Before that, they lived in a house on Briggs Avenue. Her grandfather moved there in 1879 and the family has lived on this land in Milwaukie since that time. She spent thirty-nine years as a teacher, mostly in high school. Enid started her teaching career at Knappa High School but spent the last fourteen years of her career at North Clackamas Christian High School. She taught biology, chemistry, and physical education but her most fun was coaching basketball, track, and soccer. She always loved the outdoors and her favorite trip

was to Vermont for the Fall Leaf Festival. Enid loves to garden and belongs to a gardening club. She loves history and is very proud that President Hoover had donated a stained glass window to the church she attends. Enid's *younger* sister came in during the interview and we had a very good time.



Ida Bauman (85) moved here with her husband of sixty-six years, Iggie, about six years ago. (Iggie suffered some strokes and now lives in a near-by foster home.) Born in Bismarck, North Dakota, she moved to Oregon about fifty years ago. Three of her four children live close. She and Iggie have eight grandchildren and fifteen great grandchildren. Her husband was a salesman and Ida worked at various jobs such as J. C Penny's, US Bank and Christ the King Church. The Baumans enjoyed traveling, especially on two trips—one to Egypt and Israel and one to various countries in Europe. After a shaky start, Ida now really likes TCV. "People are so friendly and they take care of each other." Her popularity with the residents is demonstrated in that she has been elected three times as President of the Residents Association.

Bob Kremer, Towers

Employee of the Month



Meet Rachell Loghy, the Employee of the Month for September 2017. Rachell first worked in our Terrace Dining Room as waitstaff while attending high school. After graduation, she took a break and when she returned it was to a housekeeping position. She had a sweet, passionate caring love for all of the residents. My mother, Betty Watland, was a benefactor of this and they both had great admiration for each other.

It is well known that Rachell would make special cards for those that were to be alone on holidays, especially at Christmas. She was very dedicated to having a special handmade card at their door as they awoke on that special morning. This was above and beyond her job requirements.

She has now moved into the receptionist position in the Terrace and it seems to suit her and those who interact with her. I find her to be a very grounded individual, focused, and yet able to listen to what is asked of her and follow through with no hesitation, often going above if so needed.

When asked about hobbies, she said she is a homebody, and while at home she is a TV watcher, loves movies and is able to crochet as she sits still on her day off. Her goal in five years is to still be here, assisting in her position and enjoying each and every one of us.

A.J. Watland, Terrace

Our Shirley Does It Again



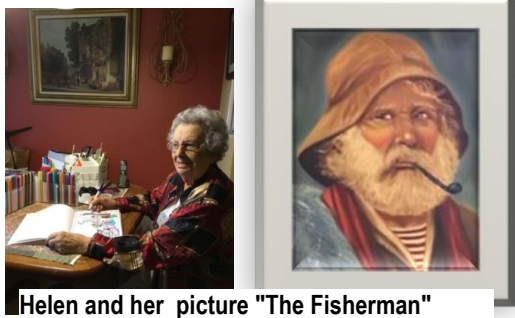
Vitality Coordinator Shirley Zondervan has again been recognized, this time state-wide, by the Oregon Health Care Association. During the OHCA's annual convention in September, Shirley received the Enrichment of Life Award in recognition of her contributions that have positively influenced the quality of life for TCV residents and the working environment for coworkers.

It was noted that Shirley holds the TCV record of receiving the most nominations by her peers, residents and resident families for every award for which she qualified. She constantly researches ideas and ways to improve programs to engage residents, even during her free time. It is well known that Shirley will drive miles to scout excursion destinations to make sure they are safe, appropriate and will be enjoyable. Her creativity, cheer and welcoming attitude reaches everyone with whom she comes into contact. Interactions with residents are held with the intent to make everyone feel valued and at home. Employees have said she has made them better at their jobs.

It is no surprise to all who know Shirley that she was singled out for this recognition. We are indeed fortunate to have her in our lives. Congratulations Shirley!

Karen Taira, Terrace

Hobby of an Artist



Helen and her picture "The Fisherman"

Helen Nicola, Terrace resident since 2008, is a self-appointed artist of many mediums. "When the children left the nest, I found I needed to do something. My sister had done some artwork at a young age and I did gather with the neighborhood gals as we painted back in the '60s, so I decided I would try it again.

"Jumping in with oils around 1973, I was rather pleased with my finished project (The Fisherman). Having no lessons, I just kept at it and loved doing it and my family and friends encouraged

me to keep at it. To me, it's just a 'hobby'.

"Moving on to acrylics, I enjoyed this just as much. When I thought of an idea or saw a photograph or magazine picture, I'm ready to attempt to get it on the canvas. Now after 45 years of this hobby of mine, it's time to pass the finished paintings to family members. Today, I fill my time with the latest art class here at Town Center Village, 'Color Yourself Calm', using colored pens. It's still just a hobby."

Helen Nicola, Terrace (as told to A.J. Watland, Terrace)

WE'VE GOT TALENT



Dan Zdanowicz

On August 25 residents and guests were treated to what was billed as the first annual Town Center Village Variety Show.

The Theater Reading group and the Tai Chi group each demonstrated what they enjoy each month. Musical numbers from Swede Johnson's southern love songs to Mary Frances Ryan's classical piano were delightful. Mary Frances and Dan Zdanowicz came over from the Fountains to entertain. John Salmon's basso always thrills, but who knew that waitperson Rob Walker had such a lovely tenor voice. He accompanied himself on his guitar.

There was poetry. Gene Crumpton read from John Donne, and Barbara Vecsi regaled us with some Robert Service. And that's not all. Unusual talents appeared. Andy Nebergall whistled, and Richard Chan played his harmonica. Jerry Thiers did a Garrison Keller song about a cat and Ken Faler returned to his teaching days with hilarious academic jokes. Krista and Sandy came over from the Generations' office and took us all back to camp days with a skit. And, when Susie Gallagher danced to "The Girl From Ipanema" we all wanted to go to Rio. A poem from Betty Beckwith and a song from Don Varce wound up a wonderful afternoon. We can't wait until next year.

Rosie Thiers, Towers



Krista and Sandy

RECYCLING AT TOWN CENTER VILLAGE

For the convenience of residents and to remind us of the existing arrangements for recycling on our campus, the following locations are here identified:

1. **Terrace:** 16 **recycle/trash rooms**, two in each of the longer end wings and one in each of the shorter wings; and a **bin** in the front office
2. **Gables:** **Recycle bins** located in three hallways, one on each floor
3. **Towers:** **Recycle bins** in four hallways, one on each floor; and three **recycle/trash rooms** behind the elevator on floors 2, 3 and 4
4. **Fountains:** 12 **recycle/trash rooms**, one near each end of six stairways; and a **bin** in the room behind the front desk
5. **Towers Garage:** A **set of 4-ft high bins** inside the entrance door

Posters defining what goes in each bin are posted near the bins. Further information is available in resident handbooks.

Jerry Thiers, Towers

We Lost... Again.....

The annual Softball Challenge with our sister campus CherryWood was held in August. For the second time in two years, the TCV staff team allowed CherryWood to claim the big beautiful trophy. The score? 14-9.

REMINDER...The Voice of the Village Newsletter is available monthly on the TCV website:

<http://towncentervillage.com/retirement-community-events/>

The other option is go to towncentervillage.com and click on the News & Event Calendars link. This is a great way to share our news with friends and family.

WELCOME

TERRACE	Beverly (Bev) Bredahl Helen Lund	Khing & Gwat Goei Ronald Olsen	Roberta Hanscom Suzanne Sharkey
FOUNTAINS	Judith Hook	Colleen Isotalo	Adele Wilder
GABLES	Dave Sims	Mary Stoering	
TOWERS	Laurie Schafer		

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